

GET HELP GUIDE

for
LYONS, COLORADO
and the surrounding area



Produced Q1/2021

Lyons, Colorado • Get Help Guide

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**For any emergency requiring police,
fire department, or ambulance response. dial 911**

For mental health emergencies dial 844-493-8255

For referrals to other resources dial 211

Lyons Community Food Pantry

High-quality supplemental food assistance for anyone who needs it in the Greater Lyons area. A project of LEAF—see listings on pages 9, 10 & 18. (During the COVID-19 disruption, the Food Pantry will operate via contactless curbside pickup.)

HOURS: Wednesdays, 3:00pm–5:00pm

LOCATION: Lyons Community Church (outside, lower level)
350 Main Street, Lyons

COST: None

CONTACT: foodpantry@leaflyons.org

FOR MORE INFORMATION: leaflyons.org/food-pantry

Lyons Meals on Wheels

Also a project of LEAF, Lyons Meals on Wheels delivers hot meals and warm “hellos” to people in the Lyons area who cannot shop for or prepare at least one healthy meal per day. Hot meals delivered weekdays, with frozen meals available for the weekends.

HOURS: Monday to Friday, 11:00am–12:30pm

COST: The price of meals is based on a very generous sliding scale. Nobody is turned away for inability to pay.

CONTACT: 720-507-5480 • andresen_eric@hotmail.org

FOR MORE INFORMATION: leaflyons.org/meals-on-wheels-faq

Lyons Bistro Senior Lunches

Meals are provided to Lyons-area seniors (60+) and disabled residents at the Walt Self Senior Center on Tuesdays and Thursdays. Meals must be reserved before 1:00 pm the day prior. (Due to COVID-19, meals are currently served to-go, for pickup outside Walt Self. Masks are required, and please stay 6 feet apart.)

HOURS: Tuesdays & Thursdays, 12:00pm–1:00pm

LOCATION: Walt Self Senior Center, Community Room (Bldg B)
335 Railroad Avenue, Lyons

COST: Seniors – \$3 donation suggested. Other guests – \$8.25

CONTACT: 303-441-1415 • hvanderwerken@bouldercounty.org

Manna Cafe

A ministry of The River Church, the Manna Cafe serves breakfast on Saturdays for everyone in our community who is hungry.

HOURS: Saturdays, 7:00am–12:00pm

LOCATION: The River Church

18668 N. St Vrain Drive, Lyons

COST: Free, although donations are appreciated

CONTACT: 303-823-6469

Cultivate

Formerly Boulder County CareConnect.

Carry-Out Caravan program: Once a week, volunteers fill a client's grocery order by shopping at a local supermarket and delivering the groceries to the client's home. Client pays for groceries. Shopping and delivery services are free of charge for those who cannot afford to pay, although donations are appreciated.

REQUIREMENTS: Must be age 60 or older and live in Boulder County or Broomfield County.

CONTACT: 303-443-1933

cultivate.ngo/programs/carry-out-caravan

OUR Center

LOCATION: 220 Collyer Street, Longmont

CONTACT: 303-772-5529 • info@ourcenter.org

FOR MORE INFORMATION: ourcenter.org

Meals: Lunch served via a drive-up service. Returning participants should present a meal card; new participants will need to show photo ID.

HOURS: Every day, 12:00pm–1:00pm

Food Market: Preset boxes of delicious, healthy groceries are available once a week via a drive-through service. Dietary needs can be accommodated. Participants must show photo ID and proof of address, and complete an intake form.

HOURS: Tuesdays, 1:00pm–5:30pm

Other weekdays, 9:00am–12:00pm

Sunday Hot Meals

Five Boulder churches typically rotate through serving hot lunches on Sundays. However, some services have changed due to COVID-19. Please call the church in advance for details.

- 1st Sunday of the month, St John's Episcopal Church • 303-442-5246
- 2nd Sunday, Trinity Lutheran Church • 303-442-2300
- 3rd Sunday, First United Methodist Church • 303-442-3770
- 4th Sunday, First Congregational Church • 303-442-1787
- 5th Sunday, Grace Commons • 303-402-6400

Supplemental Nutrition Assistance Program

The SNAP program—formerly called “food stamps”—helps individuals and families with food costs. Recipients use an EBT card, which works like a debit card at grocery store checkout.

REQUIREMENTS: Eligibility depends on income, household composition, housing costs, etc.

APPLY: colorado.gov/peak

FOR MORE INFORMATION: colorado.gov/pacific/cdhs/supplemental-nutrition-assistance-program-snap

Women, Infants & Children

The Boulder County Public Health WIC program provides vouchers for healthy foods, information about nutrition and breastfeeding, and referrals to other services. (Note that all WIC visits are currently being conducted via telephone, due to COVID-19.)

REQUIREMENTS: Available to women from pregnancy through one year post-partum, and to children up to five years old. Eligibility depends on need.

CONTACT: Boulder: 303-413-7520 • Longmont: 303-678-6130

FOR MORE INFORMATION: bouldercountywic.org

Boulder Shelter for the Homeless

Contact for information about services provided.

HOURS: 5:00pm–10:00am

LOCATION: 4869 N. Broadway, Boulder

CONTACT: 303-442-4646 • bouldershelter.org

The Inn Between of Longmont

The Inn provides safe, affordable, time-limited housing for individuals and families facing homelessness. It also offers referrals to community resources and training in financial management. Participants must be employed or on a fixed income.

CONTACT: 303-684-0810 • innbetween.org

Safe Shelter of St. Vrain Valley

Provides comprehensive services to address the needs of victims of domestic violence. All services are confidential, free of charge, and available 24/7 in both English and Spanish. Shelter is pet-friendly.

CONTACT: 303-772-0432 • safeshelterofstvrain.org

24-hour crisis line: 303-772-4422

Safehouse Progressive Alliance for Nonviolence

SPAN provides a safe shelter for individuals and families seeking refuge from interpersonal violence and/or elder abuse, as well as safety planning, legal advocacy, counseling, and more.

CONTACT: 303-444-2424 • safehousealliance.org

Attention Homes

Shelter for runaway and homeless youth in Boulder County.

LOCATION: 3080 Broadway, Boulder • 303-447-1207

Day Drop-in: Food, clothing, showers, and access to medical care, legal services, and the Internet for youth ages 24 and under.

HOURS: Every day, 12:30pm–5:00pm

Overnight Shelter: Safe temporary shelter for those 20 and younger.

HOURS: Every day, 5:30pm–8:00am

Boulder County Housing Authority

The BCHA administers programs that serve low-income families and military veterans.

CONTACT: 303-441-1000

FOR MORE INFORMATION:

bouldercounty.org/families/housing/subsidized-housing

Housing Choice Voucher (HCV, also known as “Section 8”):

Assists individuals and families with very low income. Assistance is provided on behalf of the participants. Residents secure their own housing within the community, then rent payments are split between the BCHA and the household, which pays 30%–40% of household income toward rent and utilities.

HUD-Veterans Affairs Supportive Housing (HUD-VASH):

Combines HCV rental assistance for military veterans with case management and clinical services. Referrals come from the VA; interested veterans can call 303-294-5600 for more information.

Family Unification Program (FUP): Provides housing and case management to families with child welfare concerns and youth transitioning out of county foster care.

Project-Based Voucher (PBV): Offers assistance tied to specific rental units. Eligible participants pay 30% of their income toward rent.

Walter Self Senior Housing

Run by the BCHA, the Walt Self Senior Housing complex consists of a community center available for use by a variety of community groups, as well as 12 one-bedroom, one-bathroom apartment units for applicants 62 years or older, or disabled individuals 18 or older.

LOCATION: 335 Railroad Avenue, Lyons

CONTACT: 720-564-2267

Down Payment Assistance Program

Provides low-interest and deferred loans to help with downpayment and closing costs for income-qualified homebuyers purchasing a home in Boulder County.

CONTACT: 303-774-4648

Lyons Valley Townhomes

This new affordable-housing project is being developed on Carter Drive in Lyons by Summit Housing Group, in coordination with the Town of Lyons. The project will consist of 4 four-plexes and 24 single-family homes, for a total of 40 units.

The development is designed for residents who make between 30% and 60% of Boulder County's area median income (at the time of this printing, that's \$24,180–\$48,360 for an individual, and \$34,530–\$69,060 for a family of four). Lyons residents impacted by the 2013 flood will be given priority.

Highland Property Management will be responsible for property management once the development is finished. For more information, contact the Town of Lyons.

CONTACT: 303-823-6622

Larimer County HomeShare

This innovative program enables Larimer County residents ages 55 and older who own a home to offer housing to home seekers (ages 18 and up) in exchange for an agreed-upon level of support in the form of rent payments, assistance with household tasks, and/or simple companionship. As of this guide's printing, the program is on hold due to COVID-19.

FOR MORE INFORMATION: n2n.org/rental-options/homeshare

Silvernest

This for-profit home-sharing service is designed to connect homeowners with home seekers, and to help senior homeowners remain independent. Silvernest matches potential housemates based on a screening process. Background checks are available.

FOR MORE INFORMATION: silvernest.com

Lyons Colorado For Rent

Facebook group connecting long-term renters with property owners. Search Facebook for “Lyons Colorado For Rent” and click “Join Group.”

Lyons Volunteers

A program of LEAF (see listings on pages 2, 9, 10 & 18), Lyons Volunteers assists Lyons-area residents with basic home repairs, such as replacing sinks or flooring repairs. Lyons Volunteers services are intended for people who cannot afford or access similar services elsewhere. To request help, complete the work request form at leaflyons.org/lyons-volunteers

CONTACT: Crystal White, 720-469-7657
lyonsvolunteers@gmail.com

FOR MORE INFORMATION: leaflyons.org/lyons-volunteers

Cultivate

Formerly Boulder County CareConnect.

Fix-It program: Skilled volunteers provide minor home repairs and grab-bar installation for seniors (ages 60 and up) who live in Boulder County or Broomfield County. Client pays for any required materials. *Fix-It* services are provided at no charge for anyone who cannot afford to pay; donations are appreciated from those who are able.

CONTACT: 303-443-1933

FOR MORE INFORMATION: cultivate.ngo/programs/fix-it

Lyons, Colorado Yard Sale

Facebook group connecting Lyons-area buyers and sellers of gently used furniture, clothing, child care gear, and other items that might be available at a yard sale. Facebook members can join the group by searching for “Lyons Yard Sale” and clicking the “Join Group” button.

Lyons Emergency & Assistance Fund (LEAF)

LEAF's *Basic Needs & Resource Matching* program provides resource referrals and limited, once-per-year financial assistance to help residents of the Greater Lyons area meet basic needs when other forms of support are insufficient. During the COVID-19 disruption, expanded resources might be available through Gig Grants and COVID-19 Grants. See the website for more information and to apply.

CONTACT: ellen@leaflyons.org

FOR MORE INFORMATION:

leaflyons.org/basic-needs--resource-matching

Low-Income Energy Assistance Program (LEAP)

Designed to help low-income individuals and families pay heating bills. The program is not intended to pay the entire cost of heating for a household, only a portion of the cost.

DATES: November 1 – May 31

CONTACT: 303-441-1000

FOR MORE INFORMATION: bouldercountyleap.org

Energy Resource Center

The ERC is a nonprofit construction company offering energy efficiency improvements to low-income families. In addition to a free home energy audit, services may include replacing insulation, HVAC systems, hot water heaters, lighting, and appliances.

REQUIREMENTS: Household must meet income guidelines.

CONTACT: 970-617-2801

FOR MORE INFORMATION: erc-co.org

Lyons Emergency & Assistance Fund (LEAF)

LEAF's *Basic Needs & Resource Matching* program provides resource referrals and limited, once-per-year financial assistance to help residents of the Greater Lyons area meet basic, urgent needs when other forms of support are insufficient. During the COVID-19 disruption, expanded resources might be available through Gig Grants and COVID-19 Grants. See the website for more information and to apply.

CONTACT: ellen@leaflyons.org

FOR MORE INFORMATION:

leaflyons.org/basic-needs--resource-matching

Temporary Assistance for Needy Families

Colorado Works/TANF is a federal program that provides cash assistance to needy families with dependent children.

REQUIREMENTS: Household must include one or more dependent children or an unborn child.

CONTACT: 303-441-1000 • bouldercountycoloradoworks.org

Boulder County Personal Finance Coaching

Free, confidential individual counseling on personal finance-related topics, for households at all income levels.

CONTACT: 720-564-2279 • personalfinance@bouldercounty.org

Boulder County Old Age Pension (OAP)

Provides up to \$771 per month to low-income Boulder County residents ages 60-plus.

CONTACT: 303-441-1000

Boulder County Property Tax Exemption

The county assessor offers a property tax exemption for qualifying seniors and disabled veterans. This can lead to a 50% exemption on the first \$200,000 of property value, equating to a tax reduction of around \$500. Residents must apply to receive the exemption.

CONTACT: 303-441-3530 • assessorsx@bouldercounty.org

Workforce Boulder County

Provides free services to job seekers, including access to job listings, business software, and the Internet; career workshops and resume assistance; connection with internships; and job training.

HOURS: Monday to Friday, 8:00am–3:00pm

CONTACT: 720-776-0822

FOR MORE INFORMATION: wfbc.org

Division of Vocational Rehabilitation

Helps people with disabilities to succeed at work and live independently. Individualized services are available to help them prepare for, obtain, retain, and/or advance in employment.

LOCATION: 825 Delaware Ave., Suite 401, Longmont

CONTACT: 303-774-4920

FOR MORE INFORMATION: colorado.gov/dvr

Boulder Bridge House

The Bridge House's *Ready to Work House & Employment Center* provides adults experiencing homelessness with an opportunity to rebuild their lives through work. The program combines paid work, dormitory housing, and case management support.

LOCATION: 4747 Table Mesa Drive, Boulder

CONTACT: 303-442-8300, ext 3

FOR MORE INFORMATION: boulderbridgehouse.org

The Inn Between of Longmont

Provides job readiness and resume writing, among many other services, for individuals and families facing homelessness.

(See listing on page 5.)

CONTACT: 303-684-0810

FOR MORE INFORMATION: innbetween.org

Town of Lyons zTrip Vouchers

Due to the lack of public transportation options currently available to Lyons residents, Boulder County is providing vouchers for zTrip (a taxi service) that can fund travel between Lyons and Longmont or Boulder. The vouchers can be used to get to medical appointments, grocery stores, pharmacies, work, school, and for other trips to meet basic needs. They are available at Lyons Town Hall and the Lyons Community Food Pantry (see listing on page 2), or through an OUR Center or Boulder County AAA case worker.

CONTACT: 303-823-8250 • recreation@townoflyons.com

Via Mobility Services

Provides door-to-door transportation from locations within Lyons to other locations within Lyons or to Longmont. The service is designed primarily to assist individuals whose mobility is limited due to age or disability (permanent or temporary). However, rides may be available to the general public as space allows. Riders must register with Via before their first ride, and all trips must be scheduled one to seven days in advance.

WITHIN LYONS: Mondays & Wednesdays, 11:00am–1:00pm

LYONS TO LONGMONT: Tuesdays, 8:00am–4:30pm

COST: \$5 suggested donation each way

CONTACT: 303-447-2848, ext 1014 • viacolorado.org

Non-Emergent Medical Transportation (NEMT)

Non-emergency transportation to and from Medicaid-funded medical appointments, provided through transportation broker IntelliRide. Please schedule rides at least 48 hours in advance.

CONTACT: 303-398-2155 • gointelliride.com/colorado

Cultivate

The *VetsGo* program connects members of the community with senior veterans and their family members who face challenges obtaining transportation to and from medical appointments.

CONTACT: 303-443-1933 • cultivate.ngo/programs/vetsgo

Child Centered Home Care

This in-home child care center located in Lyons serves children from birth through five years of age.

HOURS: Tuesday to Friday, 8:00am–5:00pm

COST: \$12 per hour

CONTACT: 414-526-1378 • childcenteredhomecare@gmail.com

Lyons Valley Preschool

Provides a montessori-based early-childhood learning program for children ages 2-1/2 to 6. The curriculum emphasizes academic excellence, leadership, community, peace, and stewardship of the earth. LVP follows the local school calendar and also offers a summer program.

HOURS: Monday to Friday, 7:45am–5:30pm

LOCATION: 350 Main Street, Lyons

CONTACT: 303-956-4768 • lyonsvalleypreschool.org

Lyons Public Schools

Lyons schools are part of the St. Vrain Valley School District.

Lyons Elementary serves children from preschool through fifth grade in a small-school environment. Its mission is “to educate all students to their highest potential by fostering a cooperative, creative, and community-based environment.” The school’s Community School program includes after-school child care for students in kindergarten through fifth grade. Some years, the school also offers summer programming.

CONTACT: 303-823-6915 • lyonses.svvsd.org

Lyons Middle/Senior High serves students in sixth through twelfth grades. The school focuses on core instruction and offers honors classes, Advanced Placement classes, and college-level courses through partnerships with Front Range Community College and Colorado State University. Lyons High consistently places in the top 10% of public high schools in the state.

CONTACT: 303-823-6631 • lms.hs.svvsd.org

Child Care Assistance Program (CCAP)

Provides financial assistance to pay for a portion of child care costs for low-income families with children from birth to age 12. CCAP is accepted at many before- and after-school programs, daycare centers, preschools, and summer camps. To apply, visit during drop-in hours every Tuesday and Thursday from 11:00am–1:00pm at either CCAP location. Visit bouldercountychildcare.org for an application and a checklist of what to bring during open hours.

REQUIREMENTS: Family must be Boulder County residents and meet income requirements. Parents may be working, searching for a job, or going to school.

LOCATIONS: 3460 N. Broadway, Boulder

& 1921 Corporate Center Circle, Suite 3F, Longmont

CONTACT: 303-678-6014 • ccap@bouldercounty.org

Temporary Assistance for Needy Families (TANF)

Provides cash assistance to low-income families with dependent children, for child care among other services. There is no cost for this state- and federally-funded program. See listing on page 10.

Wild Plum Center

Offers free infant, toddler, and preschool programming for children from low-income families. Partial- and full-day preschool classes available. For infants and toddlers, parents choose between bringing children to the center for up to eight hours per day, or receiving 1.5 hours per week of in-home assistance. The Wild Plum Center welcomes children with disabilities and children who have not been successful in other child-care environments. Services are offered in both English and Spanish.

COST: None

REQUIREMENTS: Must meet income requirements and live in the St. Vrain Valley portion of Boulder County.

LOCATION: 82 21st Ave., Suite B, Longmont

CONTACT: 303-776-8523 • wildplumcenter.org

Boulder Voices for Children

This nonprofit trains and supervises community volunteers who are appointed by the court system to represent—both in court and in the child welfare system—the best interests of children who are victims of abuse or neglect. The goal is to ensure that all children have safe, permanent, loving homes where they can thrive.

HOURS: Monday to Friday, 9:00am–5:00pm

CONTACT: 303-440-7059 • vfccasa.org

Child Find

Identifies children (from birth to age 21) with developmental disabilities and provides services when appropriate. Operates in a classroom setting through the St. Vrain Valley School District.

CONTACT: 303-772-6649

FOR MORE INFORMATION: svvvsd.org/about/departments/child-find

Teens Ending Relationship Abuse

A program of the Safe Shelter of St. Vrain Valley (see listing on page 5), TERA provides educational programs, a text crisis line, and youth leadership training around teen dating violence.

TEXT CRISIS LINE: 720-340-8372

FOR MORE INFORMATION: safesheltertera.org

GENESIS

For teen parents who live in Boulder County, the GENESIS program offers pregnancy and parenting education, one-on-one personalized support, and other resources, free of charge.

FOR MORE INFORMATION: bouldercountygenesis.org

El Comite de Longmont

This nonprofit provides bilingual case management that refers individuals and families to appropriate health, legal, and other services—as well as life-skills classes and advocacy for the Latino and non-Latino community of the Longmont area.

CONTACT: 303-651-6125 • elcomitedelongmont.org

Boulder County Area Agency on Aging (AAA)

Works with public and private partners to respond to the unique needs of older adults (60+) within the Boulder County community. Supports seniors, as well as their families and informal caregivers, through advocacy, funding, direct service, planning, and education. Examples of Boulder County AAA services include resource referrals, financial assistance, healthy aging programs, Medicare counseling, and meal and transportation assistance.

CONTACT: 303-441-1617 • infoADRC@bouldercounty.org

FOR MORE INFORMATION: bouldercountyhelp.org

Larimer County Office on Aging Services

The Larimer County Office on Aging Services is the Area Agency on Aging (AAA) for the county. It provides information on the full range of long-term services and support options for older adults who live in Larimer County and their caregivers, as well as adults living with a disability. The Office on Aging Services offers program and resource referrals; one-on-one assistance helps clients navigate their options for long-term services and supports. Services are provided by telephone or by appointment.

LOCATION: 1501 Blue Spruce Drive, Fort Collins

CONTACT: 970-498-7750 • adrc@larimer.org

FOR MORE INFORMATION: lcoa.networkofcare.org

TRU PACE

This Program of All-inclusive Care for the Elderly (PACE) is designed to enable individuals who are 55-plus, and are certified by the state to need nursing-home-level care, to live as independently as possible. TRU PACE staff coordinate and provide all needed preventative, primary, acute, and long-term care services to help older individuals continue living safely in their community.

HOURS: Monday to Friday, 8:00am–5:00pm

LOCATION: 2593 Park Lane, Lafayette

CONTACT: 303-926-4745

FOR MORE INFORMATION: pace.trucare.org

Center for People With Disabilities

The CPWD helps people with disabilities to live independently. Services include a Veterans Independence Program (VIP); Beyond Vision, which supports visually impaired residents of Boulder County and nearby counties; and a Transitions program for individuals who are moving out of nursing homes, and for youth with disabilities who are graduating from high school.

CONTACT: 303-442-8662 • cpwd.org

Association for Community Living

The ACL is an advocacy organization for people with intellectual and developmental disabilities and their loved ones/caregivers.

CONTACT: 303-527-0888 • aclboulder.org

Imagine!

Provides comprehensive, residential, and day-program services to residents of Boulder and Broomfield Counties who have a developmental disability or delay, and to their families.

CONTACT: 303-665-7789 • imaginecolorado.org

Autism Society of Boulder County

Provides educational, recreational, and support services to people on the autism spectrum, and their families.

CONTACT: 720-272-8231 • autismboulder.org

Hearing Loss Association of America

Provides information, education, support, and advocacy to people with hearing loss.

CONTACT: 301-657-2248 • hearingloss.org

Circle of Care

Based in Boulder, this organization works to end social isolation through the arts, culture, and intergenerational community engagement.

CONTACT: 303-358-4300 • circleofcareproject.org

Mental Health Partners

This nonprofit community mental health center provides comprehensive psychiatric and substance-use services to residents of Boulder County and Broomfield County, regardless of their ability to pay. Mental Health Partners also includes a Mental Health Walk-in Crisis Center, at 3180 Airport Road in Boulder, which is open 24X7X365.

CONTACT: 303-443-8500 • mhpcolorado.org

24-HOUR CRISIS LINE: 844-493-8255

Lyons Emergency & Assistance Fund (LEAF)

LEAF's *Mental Wellness & Addiction Recovery* program provides community mental health services to people in the Greater Lyons area who cannot afford or access it elsewhere. Individual and group sessions are offered. During the COVID-19 disruption, most services are offered via telemedicine. Medicaid coverage is welcome; a generous sliding-scale payment plan is also available.

CONFIDENTIAL CONTACT: mentalwellness@leaflyons.org

FOR MORE INFORMATION:

leaflyons.org/mental-wellness--addiction-recovery

Stillwater Healing Arts Clinic

Registered psychotherapist and certified addiction counselor James Hart provides addiction-related and other counseling services.

LOCATION: 418 High Street, Lyons

CONTACT: 303-823-9355

FOR MORE INFORMATION: stillwaterhealingarts.com

Hopelight Medical Clinic

One of many medical professionals offering services through this charitable clinic is a psychiatric nurse practitioner, who can prescribe medications and is available one day per week.

(See listing on page 21.)

LOCATION: Longmont Church of Christ, 1351 Collyer Street

CONTACT: 303-776-7117 • hopelightclinic.org

Senior Reach

Supports the well-being, independence, and dignity of older adults through community education, short-term care management, wellness coaching, mental health counseling, and connections with community resources. The program has proven highly successful in decreasing depression, anxiety, feelings of hopelessness, and social isolation among seniors. Services are free for Boulder County residents.

HOURS: Monday to Friday, 8:30am–5:00pm

CONTACT: 866-217-5808

FOR MORE INFORMATION: seniorreach.org

National Suicide Prevention Lifeline

Provides free and confidential emotional support to those in suicidal crisis or emotional distress, 24 hours a day, 7 days a week.

CONTACT: 800-273-8255

FOR MORE INFORMATION: suicidepreventionlifeline.org

Veterans Crisis Line

Connects military veterans in crisis with qualified Department of Veterans Affairs responders through a confidential toll-free hotline, online chat, or text. Available 24x7x365.

CONTACT: 800-273-8255, then press 1

FOR MORE INFORMATION: veteranscrisisline.net

Boulder Vet Center

Provides social readjustment and counseling, and PTSD recovery services. Also offers grief counseling for those whose loved ones are killed in action. During COVID-19, visits are virtual.

LOCATION: 4999 Pearl East Circle, Suite 106, Boulder

CONTACT: 303-440-7306

FOR MORE INFORMATION: www.vetcenter.va.gov

Stillwater Healing Arts Clinic

Naturopathic doctor and acupuncturist Sara Hart offers herbal medicine, orthomolecular therapy, bodywork, acupuncture, and diet and lifestyle recommendations to create holistic treatment plans for patients. Dr. Deja Heckard-Dunn and psychotherapist James Hart also provide services, and the facility has an apothecary on site. (See also listing on page 18.)

LOCATION: 418 High Street, Lyons

CONTACT: 303-823-9355 • stillwaterhealingarts.com

Lyons Chiropractic

Joseph Meckle, DC, has been providing chiropractic care to Lyons for more than 35 years. The family practice clinic offers spine and extremity evaluations, treatment of sports injuries, X-rays, and other services.

HOURS: Mondays & Thursdays, 12:00pm–6:00pm
Friday mornings

LOCATION: 438 Park Street, Lyons

CONTACT: 303-823-6664 • lyonschiropractic.com

Lyons Physical Therapy

Offers a wide range of physical and sports therapy options.

HOURS: Monday to Friday, 8:00am–5:00pm

LOCATION: 435 High Street, Lyons

CONTACT: 303-823-8813 • lyonspt.com

Lyons Medical Equipment Loan Closet

Makes reusable medical equipment—including wheelchairs, crutches, and walkers—available for borrowing, free of charge, on a short-term basis. Depending on donations, the Loan Closet may also have some disposable supplies, such as adult diapers.

REQUIREMENTS: Open to any resident of the Greater Lyons area who has a medical need

CONTACT: Andrea Buus, 303-641-6950 •
lyonsloancloset@gmail.com

Hopelight Medical Clinic

This charitable clinic is located at the Longmont Church of Christ. Hopelight provides most areas of primary care—except services related to pregnancy and chronic pain management—in an outpatient setting. An endocrinologist, orthopedic surgeon, and psychiatric nurse practitioner all work in the clinic on a limited basis. (See also listing on page 18.)

Services are free of charge, but donations are appreciated. Providers of referred services, such as bloodwork and X-rays, accept Medicaid and other insurance, and may offer reduced rates for uninsured patients. Please call to schedule an appointment.

HOURS: Monday, Tuesday, Wednesday, Friday, 9:00am–3:00pm
Thursday, 9:00am–4:00pm

LOCATION: Longmont Church of Christ, 1351 Collyer Street

CONTACT: 303-776-7117 • hopelightclinic.org

Salud Family Health Centers

Thirteen clinics provide primary medical, dental, and behavioral health care under one roof. They accept all forms of insurance, including Medicare and Medicaid. For patients who don't have insurance, the clinics offer discounted services; price is based on ability to pay. The health system also operates a lab and pharmacy.

LOCATIONS: 220 E. Rogers Road, Longmont
& 1950 Redtail Hawk Drive, Estes Park

CONTACT: 303-697-2583

FOR MORE INFORMATION: saludclinic.org

Boulder Valley Women's Health Center

Provides confidential and comprehensive gynecological and reproductive health care for women, regardless of their ability to pay. Both clinics are open most usual business hours, with teen-only hours on Saturdays in Boulder and Mondays in Longmont.

LOCATIONS: 82 21st Avenue, Suite C, Longmont
& 2855 Valmont Road, Boulder

CONTACT: 303-442-5160 • boulderwomenshealth.org

TRU Community Care

TRU is a Colorado-licensed, Medicare- and Medicaid-certified, nonprofit health care organization serving Boulder County and other nearby counties. With a focus on providing a continuum of care for members of our community living with advanced illness and loss, TRU offers programs including TRU Hospice, TRU PACE (see listing on page 16), TRU Palliative Care, TRU Grief Services, and Landmark Memory Care.

LOCATION: 2594 Trailridge Drive E., Lafayette

CONTACT: 303-449-7740 • trucare.org

Boulder County AIDS Project

Provides HIV care services—including medical case management, insurance counseling, housing, and food resources—for people living with HIV. Also provides free anonymous and confidential HIV and Hepatitis-C testing and risk-reduction counseling.

CONTACT: 303-444-6121 • bcap.org

Lyons Dental

Offers general dentistry for the entire family.

HOURS: Tuesdays, Thursdays & Saturdays, 8:00am–5:00pm

LOCATION: 304 Main Street, Lyons

CONTACT: 303-823-6006 • lyons-dental.com

Dental Aid

Provides comprehensive oral health care to low-income and uninsured residents of the Front Range through clinics in Boulder, Longmont, and Louisville. The organization accepts Medicaid and CHP+. Its fees are typically about half as much as private dentists charge for the same services. For individuals not covered under Medicaid/CHP+ who cannot afford these reduced fees, Dental Aid may offer subsidized dental care.

HOURS: Monday to Friday, 8:30am–5:00pm

LOCATION: 1715 Princess Drive, Longmont

CONTACT: 303-682-2619 • dentalaid.org

Boulder County Health Insurance Assistance

The Boulder County Health Coverage team assists individuals and families with enrolling in health insurance, including Health First Colorado (Medicaid) and Child Health Plan Plus (CHP+).

CONTACT: 303-441-1000 • bouldercounty.org/families/medical/health-insurance-assistance

Colorado Access

This nonprofit health plan provides access to behavioral and physical health services for medically underserved Coloradans.

CONTACT: 800-511-5010 • coaccess.com

Boulder County Medicare Savings Program

For low-income Boulder County residents who are eligible for Medicare Part A, the program helps pay for monthly Medicare premiums, deductibles, and co-insurance.

CONTACT: 303-441-1000 • bouldercounty.org/families/medical/medicare-savings-program

OAP Health Care Program

Provides medical assistance to certain Boulder County residents ages 60–64 who do not qualify for Medicaid.

CONTACT: 303-441-1000 • bouldercounty.org/families/financial/old-age-pension

Medicine Assistance Tool

Online service matches patients with resources and cost-sharing programs that may help lower their out-of-pocket cost for prescriptions, whether or not they have insurance.

FOR MORE INFORMATION: medicineassistancetool.org

Boulder County Legal Services

This is the Boulder County office of Colorado Legal Services, a nonprofit that has served Colorado's low-income residents and seniors for more than 85 years. BCLS provides Boulder County residents with legal assistance in civil matters, including family law, housing rights, public benefits, elder law, health issues, and more.

HOURS: Monday to Friday, 8:30am–5:00pm

LOCATION: 315 W. South Boulder Road, Suite 205, Louisville

CONTACT: 303-449-7575

FOR MORE INFORMATION: coloradolegalservices.org

Boulder County Public Defender

Public defenders offer representation for low-income individuals who are charged with a crime in Boulder County or Broomfield County.

LOCATION: 2555 55th Street, Suite D-200, Boulder

CONTACT: 303-444-2322

FOR MORE INFORMATION: coloradodefenders.us

Boulder County Community Protection

The Community Protection Division of the Boulder County District Attorney's Office investigates complaints and prosecutes cases involving abuse or exploitation of older adults and other vulnerable members of the community; works to resolve disputes between individuals and businesses; and offers community members practical tips to avoid becoming victims of crime.

CONTACT: 303-441-3700

FOR MORE INFORMATION: www.bouldercounty.org/district-attorney

Child & Adult Protective Services

Boulder County investigates allegations of physical, sexual, or emotional abuse; neglect; exploitation; and abandonment.

CONTACT: Child welfare concerns • 303-441-1309

Adult Protective Services • 303-441-1000

In emergency situations, dial 911

Immigrant Legal Center of Boulder County

Offers low-cost legal services related to immigration and citizenship.

CONTACT: 303-444-1522 • boulderayuda.org

Blue Sky Bridge

This child and family advocacy center takes a victim-centered approach to their role within investigations of allegations of child abuse. The organization offers advocacy and assistance for the whole family, including children who may be victims of abuse or witnesses to violence.

CONTACT: 303-444-1388 • blueskybridge.org

Moving to End Sexual Assault

A program of Mental Health Partners (see listing on page 18), MESA offers advocacy and support to victims of sexual violence who are residents of Boulder County.

CONTACT: 303-443-0400 • movingtoendsexualassault.org

24-Hour Hotline: call **303-443-7300**
or text BRAVE to 20121

Safe Shelter of St. Vrain Valley

Provides comprehensive services to address the needs of victims of domestic violence—see listing on page 5.

CONTACT: 303-772-0432 • safeshelterofstvrain.org

Safehouse Progressive Alliance for Nonviolence

Provides comprehensive services to victims of domestic violence, including legal advocacy—see listing on page 5.

CONTACT: 303-444-2424 • safehousealliance.org

Boulder Voices for Children

Community volunteers advocate in court for abused and neglected children—see listing on page 15.

CONTACT: 303-440-7059 • vfccasa.org

Lyons Veterinary Clinic

Provides comprehensive health care for dogs, cats, and other small pets, as well as pet care products and food.

HOURS: Monday to Saturday, hours vary by day of the week

LOCATION: 412 High Street, Lyons

CONTACT: 303-823-6767

FOR MORE INFORMATION: lyonsvetclinic.com

Humane Society of Boulder Valley

HSBV's *SHARE* program provides discounts on pet medical care, including spay and neuter surgeries, for low-income clients who live in Boulder County. (Note: SHARE is not currently accepting new patients due to COVID-related capacity issues.)

The *Safety Net* program provides emergency pet housing to community members who are hospitalized, are victims of domestic violence receiving support from SPAN (see listing on page 5), or are evacuees during a natural disaster.

HSBV's *Pet Food Share* makes pet food and supplies available for free to community members in need, 11:00am–5:00pm daily.

LOCATION: 2323 55th Street, Boulder

CONTACT: 303-442-4030

FOR MORE INFORMATION: boulderhumane.org

Longmont Humane Society

The organization's Well Pet Clinic typically provides low-cost vaccinations, heartworm testing, and microchipping. Please note that, due to capacity issues, the clinic is not currently accepting new clients, except for pets recently adopted from the Longmont Humane Society.

HOURS: Monday to Friday, 9:00am–5:00pm

LOCATION: 9595 Nelson Road, Longmont

CONTACT: 303-651-0610

FOR MORE INFORMATION: longmonthumane.org

Colorado Reptile Humane Society

Matches lizards, snakes, turtles, and other reptiles and amphibians with motivated owners who can meet the animal's needs.

CONTACT: 303-776-2070 • corhs.org

Colorado Horse Rescue

Nonprofit organization that provides care, shelter, and re-homing services for horses in transition, as well as educational services to horse enthusiasts in the community.

CONTACT: 720-494-1414 • info@chr.org

FOR MORE INFORMATION: chr.org

Boulder County Animal Control

Investigates situations involving domesticated animals, including reports of abuse or neglect, animal bites, sick or injured animals, and more.

CONTACT: 303-441-3626

Greenwood Wildlife Rehabilitation Center

Nonprofit organization dedicated to the rehabilitation and release of orphaned, injured, or sick wildlife. Call for advice on wildlife from 9:00am–4:00pm daily.

CONTACT: 303-823-8455 • greenwoodwildlife.org

Colorado Parks & Wildlife

Call the St. Vrain office weekdays from 8:00am–5:00pm to report nuisance or problem wildlife, or to request assistance for injured deer, elk, and other large species.

CONTACT: 303-485-0186

For after-hours wildlife emergencies, call the Colorado State Patrol at 303-239-4501.

Lyons Prepared

This group of local volunteers formed with the goal of organizing Lyons-area neighborhoods in preparation for possible future floods, fires, and other natural disasters. Leaders on each neighborhood “island” coordinate contact lists and disaster-response equipment.

FOR MORE INFORMATION: lyonsprepared.com

Lyons Fire Protection District

The Lyons FPD website has a number of great resources around fire prevention, fire safety, and related topics, as well as the current status of any local fire bans, evacuation orders, etc.

FOR MORE INFORMATION: lyonsfire.org

Wildfire Partners

This program offers Boulder County residents free assessments of wildfire risk, as well as guidance on mitigating that risk.

CONTACT: 303-441-1420 • wildfirepartners.org

Boulder County Office of Emergency Management

The Boulder OEM provides residents of Boulder County with extensive information about emergency preparedness, as well as information on road closures, fire bans, disaster status, and more. Sign up at boco911alert.com to receive emergency alerts.

CONTACT: 303-441-3390 • boulderoem.com

Larimer County Office of Emergency Management

The Larimer OEM also provides emergency preparedness information and updates. Visit nocoalert.org to sign up for emergency alerts.

EMERGENCY INFORMATION LINE: 970-498-5500

FOR MORE INFORMATION: larimer.org/emergency

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Town of Lyons

432 5th Avenue • P.O. Box 49
Lyons, CO 80540

townoflyons.com

303-823-6622

Town hall hours: Monday–Friday, 8:00am–4:30pm

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