



Town of Lyons  
Human Services and Aging Commission (HSAC)  
April 9, 2019

**Commission Meeting Minutes**

Attendees:

Commissioners: Amy Reinholds (Chair), Meg Waters (Scribe), Crystal White, Ellen Keane, Andrew Moore

Liaison: Lori LeGault (Town Staff), Wendy Miller (Board of Trustees)

Guests: Kim Mitchell (Town Staff), Lory Barton (LEAF), Janaki Jane (Lyons Mental Health Initiative), Patty McNichol

General Business

● **HSAC business**

- Emily Dusel has resigned her post as co-chair.
- Patty McNichol has applied to be a commissioner. She's a nurse who has worked in home care and hospice.
- January, February, and March minutes approved (rewording of one bullet in March).
- Goodwill Fund budget is \$13,000 for this year. The application deadline is April 30<sup>th</sup>. Currently, no applications have been received.

● **2019 goals for HSAC**

- Recruit new members.
- Transportation: Keep plugging at it. Try to work with Toby.
- Mental health: Bring free or low-cost mental health providers to town.
- Publicize the findings of the Peak-to-Peak needs assessment.
- Connect more with Lyons Prepared to have a resiliency safety plan.
- Work on a plan for dealing with homelessness and the town's transient population.
- Support community conversations: Schools and library working together.

● **Mental health**

- (Lory Barton) Front Range Clinic will come to Lyons once a week, in a mobile clinic, to treat people with addiction issues.
- (Ellen Keane) Mental Health Partners is still discussing the idea of bringing a clinician back to town.
- (Janaki Jane) So far, 36 people have been trained in mental health first aid.
- (Janaki) The library website has mental health resources. The new library director wants to have a community conversation once or twice a month.
- (Janaki) Janaki will be on a steering committee for the Boulder County Mental Health Initiative. She will also come to HSAC meetings once per quarter.
- Safe Schools Coalition, representing GSAs, is in the St Vrain Valley School District but isn't yet in Lyons Middle/Senior High.



- (Janaki) Wants to hold five mental health classes next year, with the grant from the HSAC Goodwill Fund.
- **Physical health**
  - (Lory) She's communicating with Salud Family Health Centers about bringing a mobile clinic here.
  - (Lory) The Center for People with Disabilities is also looking to come to Lyons.
- **Seniors/youth**
  - (Patty McNichol) Idea for Walt Self foot care: In Iowa clinics at the senior center, seniors would come bringing their own equipment (nail clippers, file, etc.) for foot care.
  - (Amy Reinholds) HomeShare program in Larimer County connects seniors with extra room in their homes with people looking for housing.
  - ABC is currently the only licensed daycare in town.
  - (Andrew Moore) Summer programming at Lyons Elementary will focus on literacy. What future years' programs will look like, the school is still working out with the district.
- **Vulnerable population**
  - (Kim Mitchell) Flyers are up to advertise the list. The town has also sent email blasts to encourage participation.
  - (Kim) People are pleased that the town is offering this service.

#### Action Items

- (Amy) Talk to Rebecca Lawrence about getting a digital copy of the Peak-to-Peak report.
- (Meg Waters) Try to secure commitment from web developer to put Get Help Guide online.
- (Amy) Provide Andrew with contacts for Larimer County HomeShare program.
- (Andrew) Look into what would be needed to bring that service to Lyons.
- (Andrew) Reach out to Toby regarding the transportation grant.
- (Amy) Reach out to Rebecca from OUR Center on transportation.
- (Meg) Bring a copy of the Get Help Guide to the next meeting.

#### Next Meeting:

Tuesday, May 14th, 3:30pm-5pm.